## MOTHER INDIA PUBLIC SCHOOL SPORTS &GAMES POLICY

At Mother India Public Schools, sports activities are spearheaded by a dedicated Manager within the Society for the Advancement of Education. This has facilitated seamless integration of academics, health and fitness, resulting in greater opportunities for students along with enhanced quality programme delivery

Sports activities instil discipline and time management skills as students must learn to balance their scholastic commitments with practice schedules, games, and other obligations. Team athletics emphasize the importance of working collaboratively towards a shared objective. Students develop cooperative abilities while honing their communication skills and interpersonal acumen. These lessons are instrumental in fostering leadership qualities such as decision-making, problem-solving and motivational expertise – all transferable to academic studies or personal pursuits.

Sports also provide an opportunity for forging new friendships that often last beyond school years. Such activities can help cultivate laudable character traits like sportsmanship, integrity and resilience. Students become adept at handling both triumphs and setbacks with grace and humility.

The following sports facilities are provided to students in school:

Athletics

Cricket

Basketball

Football

Badminton

Kho-kho

Taekwondo

Kabbaddi

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